

Carleton Manor Newsletter

September, 2017

On August 25th, Carleton Manor was awarded the Planetree Designation® as a Person Centered Community.

Carleton Manor is one of only 6 in Canada and one of 91 healthcare organizations in the world to receive this honour.

Camp Fusion: This was our second year to welcome young people to our summer camp which was again a huge success. Held at our home August 14th to 18th, campers spent their days enjoying activities and partnering with our neighbours. A huge Thank You to our Activity staff Mirna, Barb and Mae, and to our summer student Lydia Ketch and her assistants, Jennifer Ketch and Connor Galloway.



Camp Fusion



Patsy, Mae, Carolyn, Sarah

We were so happy to partner with NBCC and promote Carleton Manor and Planetree to the Town of Woodstock in the OHW Parade. Do we have to wait a whole year to do this again?????



Camp Bakers

Did you know we had a wedding in our Community Room this summer? If you would like to host a family event in our neighbourhood, please contact our Team by e mail at activity@nb.aibn.com

Carleton Manor Foundation has registered with CanadaHelps.org. This is an online donation site which receives donations to help us enrich the lives of our neighbours. Once in the site, just type Carleton Manor in the search box and the CM Foundation name appears. Click on the name and the process to donate is there to follow, secure and safe. We thank you in advance for your generosity to our neighbours and your continued support of the CARLETON MANOR FOUNDATION.



CLARA CUNNINGHAM'S LIFE - BIO

What a wonderful celebration of life we had on August 11th when we honoured Clara by celebrating her life story. Neighbours, staff, volunteers and many of Clara's previous co-workers from Thompson Insurance and Realty enjoyed the afternoon.

Pembroke Baptist Church BBQ

The church partnered with the Manor staff and Board to provide a free BBQ for neighbours and staff in the courtyard of our home. What a wonderful time of fellowship and visiting as everyone enjoyed hamburgers and hot dogs!! A huge Thank You to Brian Hayden for doing the barbequing, to church members for their help, and especially to staff who stepped up to make this happen for our home. Appreciation is also expressed to our Board members who were available to assist. It was the largest BBQ we have had yet and certainly shows what the combined efforts of many hands can do.

THANK YOU ONE AND ALL



Life can forever be full of golden moments when you always keep your heart in everything you do.

Steering Committee News: This active committee continues to move the Spirit of Planetree along with their hard work. Thanks was expressed to outgoing members and a welcome to new members Carol Furrow, Lynne Jenkins, Murielle Mulherin, Robin Labillois and Ward MacDonald. Congratulations to this group for moving Planetree initiatives forward and helping in the collaborative efforts in achieving our Planetree Designation ®. A thank you as well for the Yard Sale funds being used to pay for a Planetree T shirt for everyone!! Let's continue forging ahead enriching the lives of our neighbours!! We encourage you to bring any ideas forward to the committee to enhance life here in our home.

We Made A Video!!!! As part of our Planetree initiatives, the staff, volunteers and neighbours made a video which was submitted to Planetree in August. On the Morning of September 12th, we received news that it was one of 6 videos to win an award which will be presented at the Planetree Conference in October. Thank you to Robert Harrison and his wife Theresa for singing and doing the music for this, to Luke Bailey from NBCC for filming and to everyone who boogied and danced to "Planetree Keeps Us True".

Watch for our gold T- shirts as we continue to partner with groups and organizations within our community.

Carole Polchies, our Administrative Assistants grandmother, shared Native traditions with us and illustrated some Native items as part of the Traditions Around The World program to celebrate Canada's 150th.



Director of Nursing, Cheyanne Wyers-Culbert (back row, third to right) attended the Canadian Dementia Priority Setting Partnership workshop on June 8th and 9th in Toronto. This diverse group from across the country felt privileged to work with each other and were open and enthusiastic throughout. This group will speak to the work accomplished across the country going forward.



Carleton Manor continues to thrive in the atmosphere of enthusiasm and excitement as new team members continue to be hired and the Planetree Philosophy enriches the life of neighbours in our home. As we journey forward, we will continue to partner with other groups and organizations within our town. We are a community within a community and are excited to see where new partnerships can lead us.



BOARD NEWS: The AGM was held on June 27th in our Solarium when we welcomed Peter Carpenter as new chair of the Carleton Manor Board of Directors. A gift was presented to Robert Toner for his tireless dedication as Chair over the last few years. The Board also presented Pam Chambers, Carleton Manor Accountant, a gift in thanks for her years of dedication to our home as she retires.

Carleton Manor Board Of Directors

Peter Carpenter- Chair	Rex Brown
Robert Toner-Past Chair	Ken Wright
Alec Sawyer	Jean Collicott
Susan Ryan	Jenny Beatty
Brenda Morley	Roy Culberson
Brian Hayden	
Gary Stewart	
Angela Acott- Smith CEO	

Carleton Manor Foundation Board Members

Susan Clark- Chair	Clara Murray
Ken Taylor-Past Chair	Carolyn Brown- PR
Susan Hayden-Treasurer	Heather Pemberton
Mark Gaddass	
Robert Toner	
Roy Culberson	
Barb Underhill	
Angela Acott- Smith CEO	

Recipe: **Mango, Peach and Pineapple Salsa**

20 min, ready in 1h 20min, great on chips, tacos and with BBQ chicken

2 mangos, 2 peaches, 1 c fresh pineapple, 4 tomatoes, 1 onion, 1 red pepper, 1 yellow pepper, 1 c fresh cilantro, or to taste, 1 clove garlic, 2 tbsp lime juice, 1 tsp salt, 2 tbsp white sugar, ¾ c water. Dice all, mix all together and chill at least one hour. Serve.

Honouring Our Neighbours

We have neighbours with wonderful talents!! Olan Fox wrote poetry and we are pleased to feature one of his poems in our newsletter this month. This poem was written on Nov.21st, 1969

The Fox Den

**If you came and you enjoyed it,
Then God Bless your contentment.
If you found it cold and boring,
Then to hell with your resentment!
For 'twas built for joy and comfort,
And for quiet satisfaction!
Not for fitful worry,
Nor rebellion, nor reaction!
It's just a simple place for camping,
For hunting and for fishing!
Not a place for wistful yearning,
Nor for wanting, nor for wishing!
Rules for use were really simple,
Keep it clean and hunt with care!
If you found this too restricting
Then you're not fit anywhere!
But if you left it as you found it,
And all others do the same,
There'll be many happy people
Who'll recall the "FOX DEN" name!!!**



**Remember to open your eyes to
the beauty that surrounds us**

Thank you, Olan

Olan Fox

Planetree Gold: Carleton Manor was the first in the province to receive a Planetree Bronze Award in 2015. Since then, the team has been working diligently to enhance the person-centered experience for our Neighbours. The people who live here are not simply residents, they are our friends, our family. We do great work, privileged work, and I am honoured to be leading this team of professionals in their daily service says Angela Acott-Smith, Chief Executive Officer.

Board of Director Chair, Peter Carpenter states, "On behalf of the Board of Directors, I offer congratulations on this collaborative effort in achieving Gold designation. This accomplishment speaks volumes about the dedication and commitment of families, neighbours, staff and volunteers in their heartfelt daily efforts to enrich lives. The atmosphere in our home is rich with enthusiasm and the outcome is reflected in this distinction. Congratulations".

Carleton Manor is one of 6 organizations in Canada to receive this Designation® Award in Person Centered Care and one of only 91 worldwide since the launch of the program in 2007. Guided by established core components of person-centered culture, Carleton Manor has implemented a number of initiatives and practices that are designed to enhance life for both the resident/family and the staff experience.

The staff, volunteers, families and neighbours express sincere appreciation and heartfelt thanks to Mirna, Planetree Coordinator, for her leadership in this collaborative effort.

August 25, 2017 WE GOT THE NEWS TODAY

We celebrated one and all with hot fudge sundaes in the foyer!!!!!!



Celebrating At Our Town Hall Meeting Sept. 12

Neighbours, families, friends, volunteers and staff came together for our Town Hall Meeting to formally celebrate our Planetree Designation®. Our CEO, Angela Acott-Smith welcomed everyone to the celebration along with Planetree Coordinator, Mirna Rodriguez. In addition to being proud of our Designation®, an announcement was made that the video we filmed here in our home and submitted to Planetree was one of 6 to receive an award to be presented at the conference in Baltimore, Maryland, in October. The Steering Committee past and present, was recognized and congratulated for moving the initiatives of the Planetree Philosophy forward and every person there was thanked for their role in making this collaborative effort a success.



We will be proudly wearing our gold T shirts often, but in particular, once a month on Planetree Day, a celebration hosted by a different department or committee each month. Watch our information boards and monitor for details!!

Congratulations!! Karrie Bedford

graduated from the Moncton Hospital

Post Graduate Dietetic Internship

Program on August 25th. Four students

are accepted into this program to qualify

to write the Canadian exams. We wish

Karrie well in November when she writes.

Karrie is a graduate of Acadia university

with a Bachelor of science in Nutrition.

We are so proud to have you on our Carleton

Manor Team.



Nancy Parker, ED Moncton Hospital, Karrie,
Karen McGrath, CEO of Horizon Health

Congratulations!!

We celebrated with Katie Walsh, BN graduate of UNB,

who commenced employment at Carleton Manor on

May 15th. Katie found out she had successfully passed

her RN National exams and a proud Mom and Dad

arrived with a cake!! We are proud to have you as part

of our team!!



Our wheel chair accessible swing is now in place at Carleton Manor much to the delight of our neighbours who are enjoying swinging again. The smiles on their faces says it all.

We thank the Carleton Manor Foundation for making this possible.

